

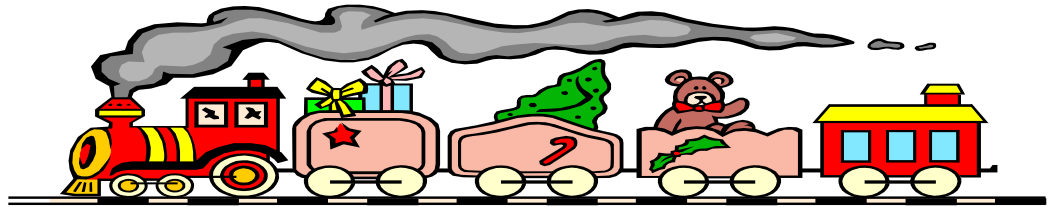
Inside Pineland

Pineland CSB

Pineland MHDDAD Community Service Board

The Little Engine Who Could

—And Has For Over 35 Years! Toot!!Toot!!



A Message from Our Conductor

Special points of interest:

- Get on board the CARF Train!!
- New Passengers, Dr. Bray and Tammy Russo, RN
- Prevention Helps Communities Stay on Track
- Precious Cargo—A Consumer Success Story



Pineland welcomes CARF surveyors December 14-16

As 2009 draws to a close, we reflect back on the journey of this past year and remember the many accomplishments of Pineland and our great State of Georgia. Although 2009 was one of the worst economic years in recent memory, we at Pineland MHDDAD will remember 2009 for the passage of HB 228 which restructured DHR and formed a new Department of Behavioral Health and Developmental Disabilities. I am extremely proud that Pineland Board, Management, staff, and those we serve were leaders in this advocacy movement. At the signing of the Bill on May 5, 2009, Governor Perdue announced that HB 228 was one of the highlights of the 2009 legislative session. I was fortunate enough to be present

on this historic day that marked a brighter future for citizens with disabilities. Senator Unterman, a true champion for HB 228, said, "This is a great day for Georgia and the many citizens that receive healthcare services from the State." Representative Mark Butler, who played a key role, remarked, "Today we begin building a new, stronger foundation for health and human services in the State of Georgia."

Our new Department, under the leadership of Commissioner Dr. Frank Shelp, has set forth with some lofty goals after input from advocates, providers, families and individuals with disabilities. I truly believe that to-

gether we can ensure the road to recovery will become more a reality. At Pineland, our goal continues to be making a difference in the lives of those we serve. Our dedicated and talented workforce of 500+ have worked hard and faced many challenges in 2009, but all pledge they are "on board" and eagerly look forward to 2010.



*Wishing You & Yours
A Happy Holiday Season
Pineland CSB*

New Passengers on Board

Welcome Dr. Bray, Physician and Tami Russo, Nurse Manager

CSB Members

- Appling: Patricia Haynes
- Bulloch: Kathy York
- Candler: Helen Curry
- Evans: Brett Anderson
- Jeff Davis: Donna Faught
- Tattnall: Glen Curry
- Toombs: Roy Lee Williams
- Wayne: Nancy Robertson

Pineland is excited to introduce Dr. Joel Scott Bray as Pineland's new Medical Director. Dr. Bray has worked with all three of our disability populations and brings valuable education and experience to his new role as Medical Director. With his work during medical school at Mercer, he has almost 15 years in the medical field. Dr. Bray and his wife, Terri, have two sons, Scott and Jack. June Dipolito states, "We feel very fortunate that a physician with Dr. Bray's expertise and caring manner is our new Medical Director. We look forward to Dr. Bray working with our medical/clinical staff in providing quality services to

our citizens with disabilities." Please welcome Dr. Bray wholeheartedly to this critical role at Pineland.

Speaking of critical roles, let's also welcome our new nurse manager, Tami Russo. Ms. Russo has over 23 years of nursing experience and began working part-time at John's Place in July 2009. Tami is certified in CPS, ACLS, chemotherapy administration and is an approved preceptor for nursing students. She has already proven to be a leader with great dedication to those she serves.

Welcome Aboard!



Precious Cargo—A Pineland Success Story

Pineland is home to some of the most precious cargo one can find—our consumers. And behind every consumer, there is a story. Let me share with you the story of Danny.

Danny is a consumer at New Beginnings. His mother, Donna Hooley, shared a heartfelt letter that only a mother could write.

Dear June,

I've been meaning to write for a long time to say that without New Beginnings, I have no idea where my dear son Danny would be now. The care and encouragement he has received from the wonderful staff have led to great things for my son. He has been appearing in community theater, making radio ads for the shows, going to cast parties, and even dating because he has been able to learn so much about himself and other people through the lessons and contacts at Pineland.

How lonely he would be without all his friends at his group. Your organization has truly given my only child a chance at a fuller, more independent life.

My appreciation is heartfelt.

Donna

Danny appeared in *Bye Bye Birdie* (alongside Ms. June and daughter, Gina), *The Man Who Came to Dinner*, *1940's Radio Show* and has secured roles in *Seven Brides for Seven Brothers* and *Tom Sawyer*.

"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has." Margaret Mead

That is what Pineland is all about. Every day, someone's world is changed by what we do. Let's continue to do all that we can to ensure that those changes are always positive.



Danny and Gina at the Averitt Arts Center for the production of *Bye Bye Birdie*.

Thanks to New Beginnings and Ms. Donna Hooley for sharing Danny's story.

Inside Pineland would love to share a success story from your program. Deadline to submit for next quarter's newsletter is February 1, 2010. Email story and pictures (if you have them) to semgr@pinelandcsb.org

"Your organization has truly given my only child a chance at a fuller, more independent life."



Cassandra Price named to head the Department of Addictive Diseases.

One-Way Ticket to the Top

"I am pleased to let everyone know that Cassandra Price has been named as a leader for Addictive Diseases," says Susan Ford, Addictive Diseases Director, Pineland CSB. The announcement is included in this article. Ms. Price is a very dynamic person and will be a very positive force for Addictive Diseases.

Cassandra Price has been named to head the Division of Addictive Diseases by Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) Commissioner Frank Shelp. She joins the leadership of the new agency after having served as Child and Adolescent Project Administrator,

Grant Manager, and Women's Treatment Coordinator within DBHDD and its predecessor agency, the Department of Human Resources. A Georgia Certified Alcohol and Drug Counselor - II, Price previously worked in community services as a Substance Abuse Manager and Certified Addic-



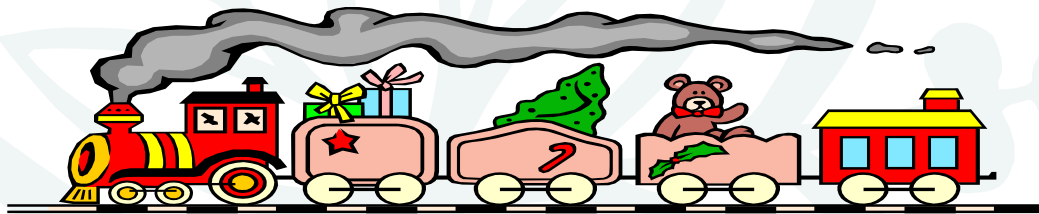
Price cont'd

tion Counselor at the Highland Rivers Community Service Board in Rome, Georgia. "Cassandra brings to this role all the skills of an innovative policy maker, an experienced clinician, and a nuts-and-bolts administrator," said DBHDD Commissioner Frank Shelp, MD, MPH, in making the announcement. "We'll be looking to her to lead our statewide efforts to provide effective, recovery-oriented services for people with substance use disorders." In her previous roles at DBHDD, Price helped develop and implement services for consumers involved in the criminal justice system, women with substance abuse issues, and people with methamphetamine addictions. She was involved in the creation of an innova-

tive clubhouse program to provide treatment and prevention services for children and adolescents. Her administrative experience within the agency includes helping develop the Division of Addictive Diseases budget, managing the federal Substance Abuse Prevention and Treatment Block Grant, and serving as a core transition team member during DBHDD's formation out of the previous Department of Human Resources. A native of Rome, Georgia, Price holds an MBA from American Intercontinental University and a BA in Communications from the University of Georgia.



*Sunshine is delicious, rain is refreshing,
wind braces up, snow is exhilarating;
there is no such thing as bad weather, just
different kinds of good weather.*
~ John Ruskin



"Alcohol kills more adolescents than all other illegal drugs combined."

Prevention's Keeping Communities on the Right Track

Southeast Prevention Services is getting geared up for our third and final segment of the Communities Mobilizing for Change on Alcohol (CMCA) training to be held February 11-12 in Savannah. Pineland's prevention department teamed up with Youth Leadership Institute to offer a 3-part training to community stakeholders as part of the initiative to reduce underage drinking.

CMCA is a community organizing effort designed to change policies and practices of major community institutions in ways that reduce access to alcohol by teenagers. The objective is to reduce the flow of alcohol to youth from illegal sales by retail establish-

ments, and from provision of alcohol to youth by other adults in the community.

Changing the social and policy environment in communities is essential for long-term prevention success. The CMCA project has demonstrated the effectiveness of such environmental strategies, and provides numerous tools and resources for successful community action.

If you would like more information on CMCA for your community, visit www.epi.umn.edu/alcohol or contact Charlotte Mallard or LaTasha Green at 912-764-2475.



CMCA is listed on the National Registry of Effective Prevention Programs

Pineland MHDDAD Community Service Board

Phone: 912-764-6906

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Web: www.pinelandcsb.org

BRAG BOX

June A. Dipolito and Dr. Cynthia Cone-Dekle joined Georgia Southern University's PsyD Board of Directors

Charlotte Mallard joined the Board of Directors for the Prevention Credentialing Consortium of Georgia

Dustin Williams was awarded a scholarship from Comp/Tia. The Computing Technology Industry Association (CompTIA) is the voice of the world's information technology (IT) industry. The Foundation's annual IT Merit Award Scholarship program rewards students who have recently received a CompTIA certification and provide them with financial help to pursue a career in the IT industry.

Peggy Brown's son, Therrick was awarded a scholarship to attend Mercer University.

The Mission of Pineland MHDDAD Community Service Board is to develop and provide the services needed to minimize the impact of mental illness, developmental disabilities, and addictive diseases in the lives of those we serve and their families while supporting the inclusion in the communities of Appling, Bulloch, Candler, Evans, Jeff Davis, Tattnall, Toombs and Wayne Counties.

Project Elicit Training

Linda Whiting, Addictive Diseases Counselor, LAPC, ACT at Toombs Counseling Center is participating in a year-long research study called Motivational Interviewing: 2009 Project Elicit Training. This study is sponsored by the National Institute on Drug Abuse (NIDA), The University of New Mexico and the Center on Alcoholism, Substance Abuse, and Addictions (CASAA). Ms. Whiting traveled to Albuquerque, New Mexico to attend training on November 17-18.

This study will measure the effectiveness of the training she received. For

each quarter of the next year, Linda is required to submit a 40-minute taping of herself utilizing the motivational interviewing technique with a consumer. As a participant in this study, she received a digital recorder and Dr. William Miller's book, *Motivational Interviewing*.

Pineland is excited to have staff who are willing to expand themselves and their work. We plan to follow up with Linda at the end of her participation in the study to report back to you the results she has found.



Linda Whiting with Dr. William Miller, author and founder of Motivational Interviewing.